

West Hartford Elementary Schools Menu - February 2019

Monday

Tuesday

Wednesday

Thursday

Friday

 <p style="font-size: 24pt; font-weight: bold; color: green;">Meatless Monday</p> <p style="color: green;">On the 4th & 25th</p>	<p>Look for our</p>  <p>Featured items</p>		<p>1</p> <p>V-Cheese Pizza D Plain or Assorted Toppings Roasted Chick Peas or V-Peanut Butter & Jelly Sandwich with Cheese Stick D Assorted Fresh Fruits & Vegetables</p>	
<p>4</p> <p>V-Toasted Cheese Sandwich D Tomato Soup with Saltines or V-Peanut Butter & Jelly Sandwich with Cheese Stick D Assorted Fresh Fruits & Vegetables</p>	<p>5</p> <p>V-Pasta and Marinara Sauce with or without Meatballs D Seasoned Green Beans or Turkey on Wheat Bread Assorted Fresh Fruits & Vegetables</p>	<p>6</p> <p>SALAD BAR Make Your Own! Chicken Noodle Soup Bread Choice Assorted Fresh Fruits & Vegetables</p>	<p>7</p> <p>Beef Burger on a Bun with or without Cheese D or V-Veggie Burger on a Bun Lettuce & Tomato / Vegetarian Beans V-Bagel & Cream Cheese D with Yogurt & Cheese Stick D Assorted Fresh Fruits & Vegetables</p>	
<p>11</p> <p>Mini Maple Pancakes E,D Sausage Patty Potato Puffs or V-Peanut Butter & Jelly Sandwich with Cheese Stick D Assorted Fresh Fruits & Vegetables</p>	<p>12</p> <p>V-Mozzarella Sticks D with Marinara Sauce Warm Bread Stick Carrot Coins or Turkey on Wheat Bread Assorted Fresh Fruits & Vegetables</p>	<p>13</p> <p>NEW! BBQ Pulled Turkey Sandwich NEW! Sweet Potato Sticks or Tuna Salad on Wheat E Assorted Fresh Fruits & Vegetables</p>	<p>14</p> <p>Valentine Chicken Nuggets   Crinkle Cut Fries / Steamed Corn or V- Bagel & Cream Cheese D with Yogurt & Cheese Stick D Applesauce Assorted Fresh Fruits & Vegetables</p>	
<p>18</p> <p style="font-size: 36pt; font-weight: bold;">Winter Recess!!</p>	<p>19</p> 	<p>20</p> <p>Kicken Chicken Leg  Black Beans and Rice Biscuit or Tuna Salad on Wheat E Assorted Fresh Fruits & Vegetables</p>	<p>21</p> <p>Nachos Grande or Baked Potato with Meat and/or Cheese D Lettuce, Salsa & Sour Cream D Black Beans or V-Bagel & Cream Cheese D with Yogurt & Cheese Stick D Assorted Fresh Fruits & Vegetables</p>	
<p>25</p> <p>V-Cheese Calzone D with Marinara Sauce Crisp Corn or V-Peanut Butter & Jelly Sandwich with Cheese Stick D Assorted Fresh Fruits & Vegetables</p>	<p>26</p> <p>V-Mac & Trees  (Macaroni & Cheese with Broccoli) Roasted Zucchini Dinner Roll or Turkey on Wheat Bread Assorted Fresh Fruits & Vegetables</p>	<p>27</p> <p>TACO SALAD BAR Add Your Toppings! Vegetarian Options Available Chili Bean Soup Bread Choice Assorted Fresh Fruits & Vegetables</p>	<p>28</p> <p>Tex Mex Chicken with Rice Black Bean & Corn Salad or V-Bagel & Cream Cheese D with Yogurt & Cheese Stick D Assorted Fresh Fruits & Vegetables</p>	
				<div style="border: 1px solid black; background-color: yellow; padding: 5px; margin-bottom: 10px;"> <p>Milk Choices offered daily include low fat & fat free unflavored or flavored milk</p> </div> <p>This institution is an equal opportunity provider</p>

Food allergy information: All hot meals are peanut, tree nut free and Trans fat Free; most meals contain soy, wheat and gluten - Please contact Tim Prosinski, Food Service Director at (860) 561-6610 to discuss an alternate meal plan for your child. Key: E = contains egg; D = contains milk/dairy; V = vegetarian option

*Menu Subject to Change Without Notice